

ARC Energy Trust
2/6/2010

Financial WTI Crude Oil Contracts (1)

Term			Volume	Bought Put	Sold Put	Sold Call
			bbl/d	\$US/bbl	\$US/bbl	\$US/bbl
01-Feb-10	31-Mar-10	Collar	1,000	\$65.00	-	\$80.00
01-Feb-10	31-Dec-10	Collar	4,000	\$70.00	-	\$90.00
01-Feb-10	31-Dec-10	Collar	2,000	\$75.00	-	\$95.00
01-Feb-10	31-Dec-10	3-Way	2,000	\$80.00	\$60.00	\$95.00
01-Feb-10	31-Dec-10	3-Way	2,000	\$80.00	\$60.00	\$95.00

(1) Monthly average

Financial AECO Natural Gas Swap Contracts (2)

Term			Volume	Sold Swap
			GJ/d	\$C/GJ
01-Feb-10	31-Dec-10	Swap	80,000	\$5.61
01-Jan-11	31-Dec-13	Swap	45,000	\$6.06

(2) AECO Monthly (7a) index

Financial NYMEX Natural Gas Swap Contracts (3)

Term			Volume	Sold Swap
			mmbtu/d	\$US/mmbtu
01-Apr-10	31-Oct-10	Swap	20,000	\$6.00

(3) Last 3 Day Settlement

Financial Basis Swap Contracts (4)

Term			Volume	Basis Swap
			mmbtu/d	\$US/mmbtu
01-Feb-10	31-Oct-10	Basis Swap - L3d	50,000	(\$1,0430)
01-Nov-10	31-Oct-11	Basis Swap - Ld	15,000	(\$0.4850)
01-Nov-11	31-Oct-12	Basis Swap - Ld	15,000	(\$0.4067)

(4) Receive Nymex Last Day (Ld) or Last 3 Day (L3d); pay AECO 7a monthly index

Financial Electricity Heat Rate Contracts (5)

Term		Contract	Volume	AESO Power	AECO 5(a)	multiplied	Heat Rate
			MWh	\$C/MWh	\$C/GJ	by	GJ/MWh
01-Feb-10	31-Dec-10	Heat Rate Swap	10	Receive AESO	Pay AECO 5(a)	x	9.15
01-Jan-11	31-Dec-11	Heat Rate Swap	15	Receive AESO	Pay AECO 5(a)	x	9.08
01-Jan-12	31-Dec-12	Heat Rate Swap	15	Receive AESO	Pay AECO 5(a)	x	9.10
01-Jan-13	31-Dec-13	Heat Rate Swap	10	Receive AESO	Pay AECO 5(a)	x	9.15

(5) Alberta Power Pool (monthly average 24x7), AECO 5a monthly index

Financial Electricity Contracts (6)

Term			Volume	Bought Swap
			MWh	\$C/MWh
01-Feb-10	31-Dec-10	Swap	5	\$63.00
01-Feb-10	31-Dec-12	Swap	5	\$72.50

(6) Alberta Power Pool (monthly average 24x7)

(7) Classified as an effective hedge

\$US LIBOR Obligation Repayments

Repayment Date	Contract	Notional	Swap
		mm \$US	\$C/\$US
22-Mar-10	Forward	20.00	\$1.0708
			\$0.9339

Premium commitments (\$C)

Canadian dollars	Q1 2010	Q2 2010	Q3 2010	Q4 2010	Q1 2011	Total
Natural Gas	-	-	-	-	-	-
Crude Oil	(\$407,478)	(\$402,992)	(\$544,704)	(\$274,566)	-	(\$1,629,741)
Total	(\$407,478)	(\$402,992)	(\$544,704)	(\$274,566)	-	(\$1,629,741)

Exchange Rate as at December 31, 2009

1.0725 CDNS/US\$